

PRESS RELEASE

Sigma Chapter names its 2017-2018 Charity of Choice: **Michael's Giving H.A.N.D**

September 8, 2017

The Sigma Chapter of Gamma Iota Sigma pledged to raise \$15,000 for the charity, **Michael's Giving H.A.N.D**, by the end of the 2017-2018 academic year. **Michael's Giving H.A.N.D** is focused on helping teens, parents, counselors, coaches and teachers identify and manage anxiety and depression. Throughout the 2017-2018 academic year, the Sigma Chapter will host bake sales, raffles, a talent show, a charity auction and a cultural potluck to meet its fundraising goal.

Michael's Giving H.A.N.D aims to spare other the unbearable pain and feeling of loss The organization is partnered with Temple University Health Systems to recognize and treat anxiety, depression, substance abuse and bullying. This charity is especially important to the Temple community and the Sigma Chapter in particular, as one of our alumni recently took their own life. **Michael's Giving H.A.N.D** needs our support to bring anxiety and depression out of the shadows.

The Sigma Chapter has always been committed to giving back to the community. Every fall, the Sigma Chapter selects a Charity of Choice and supports that charity for an entire academic year. Each year, the Sigma Chapter has met or exceeded its fundraising goals for the following charities:

2016-2017: Artz Philadelphia—\$15,000

2015 -2016 Brave Hearts for Strong Minds - \$15,000

2014 - 2015 Brave Hearts for Strong Minds - \$11,200

2013 -2014 For Pete's Sake - \$10,000

2012 - 2013 ESF Dream Camp - \$10,000

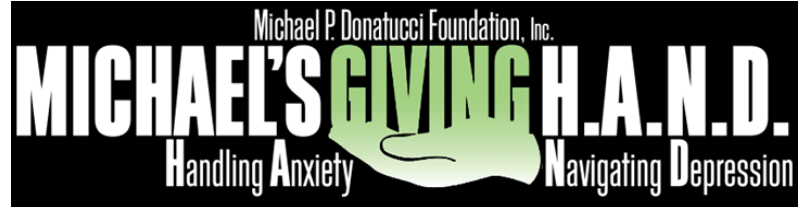
2011 -2012 Gift of Life Family House - \$25,000

2010 - 2011 Aid For Friends- \$8,000

2009 -2010 Arnesha Mash-Walker Foundation - \$5,000

2008 - 2009 Children's Alopecia Project - \$5,000

2007 - 2008 Neighborhood Bike Works - \$2,500



To learn more about this organization: <http://michaelsgivinghand.org/>